

Clothes and Bedding Supplies

- Complete change of clothes
- Extra pair of shoes (Sturdy shoes or boots)
- Rain gear
- Hat
- Extra socks
- Extra underwear
- Folding cot, blankets/sleeping bags and pillows

Important Documents

Items should be stored in a re-sealable bag and in a sturdy plastic container with a lid or if affordable, a fire and flood safe.

- Personal identification
- Credit cards
- Extra set of house keys and car keys
- Photographs of all valuables at your home
- Written instructions for how to turn off electricity, gas and water if authorities advise you to do so
- Birth certificate
- Marriage certificate
- Driver's licence, ID card, passports
- Wills (Including living wills and advance directives)
- Deeds
- Inventory of household goods
- Insurance papers (Property, health and life)
- Immunization records and copies of prescriptions
- Name, phone number, address of your doctors, home health, agency, hospital, pharmacist, caregiver (Also, keep copies posted by all landlines)

A list of models and serial numbers as well as suppliers for medical equipment such as pacemakers, feeding pumps, home IV units, suction machines, wheel chairs, braille or lower vision equipment, etc.

Written instructions regarding your medical care

If applicable, a copy of the pre-admission letter from your doctor stating that you are to be taken to a specific hospital or nursing home

Bank and credit card account and routing numbers

Stock and Bond certificates/paperwork

Emergency contact list (family and friends) with phone numbers and addresses

Map of the area and phone numbers of places you could go

Driving instructions and contact information of shelter destination

Pet Supplies

Extra Food (Store the food in sturdy containers)

Pet carrier (labelled), leashes, collars, harness, muzzles and toys

Medications and pet first aid supplies

Pet's medical /vaccine records and vet contact information

Two sets of pet ID tags (one on the pet and an extra)

Pet dishes, litter pan, litter and plastic bags

LPG, Fuel and Lubricants

LPG cylinder is properly secured i.e. cylinders should be strapped/braced to a wall

LPG cylinder is refilled and additional cylinder on hand

Full tank of fuel

Additional fuel & lubricants

Extra LPG in the appropriate gasoline storage containers (secured outdoors)



Hurricane Preparation Checklist

BE PREPARED THIS HURRICANE SEASON



This checklist is endorsed by the Caribbean Disaster Emergency Management Agency.

www.solpetroleum.com

First Aid, Medicine Supplies and Medical Support Equipment

	HOME	VEHICLE	WORK
First aid kit and manual	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hand sanitizer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Antiseptic wipes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medical grade, non-latex gloves	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cold pack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Scissors (Small)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tweezer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assorted sizes of safety pins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cotton wool	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thermometer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Petroleum jelly or other lubricant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sunscreen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Insect repellent	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Antibacterial ointment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pain reliever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Anti-diarrhoea medication	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Antacid (For upset stomach)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Laxative	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vitamins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dentures and cleaning solution	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Extra eyeglasses/contact lenses and cleaning solution	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hearing aid and extra batteries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Medical support equipment <small>(Wheel chairs - extra battery if motorized, walkers, canes, dressings, oxygen and tubes, feeding equipment, etc). Label all equipment with your name</small>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prescription medication	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Sanitation and Hygiene Supplies

Toilet paper, towelettes, body wipes, soap, hand sanitizer	<input type="checkbox"/>
Washcloth and towel	<input type="checkbox"/>
Toothpaste and tooth brushes	<input type="checkbox"/>
Shampoo, comb and brush	<input type="checkbox"/>
Deodorants	<input type="checkbox"/>
Razor, Shaving cream	<input type="checkbox"/>
Lip balm	<input type="checkbox"/>
Heavy-duty plastic garbage bags and ties for personal sanitation use and toilet paper	<input type="checkbox"/>
Medium-sized plastic bucket with tight lid	<input type="checkbox"/>
Disinfectant	<input type="checkbox"/>
Sanitary napkins, diapers and other disposable incontinence supplies	<input type="checkbox"/>
Mirror	<input type="checkbox"/>

Equipment and Tools

Portable, battery-powered radio or television and extra batteries	<input type="checkbox"/>
Booster and jumper cables for vehicle	<input type="checkbox"/>
Flash light and extra batteries	<input type="checkbox"/>
A battery operated lantern	<input type="checkbox"/>
Signal flare	<input type="checkbox"/>
Water proof matches or matches in a water proof container	<input type="checkbox"/>
Shut-off wrench, pliers, shovel, and other pertinent tools	<input type="checkbox"/>
Duct tape and scissors	<input type="checkbox"/>
Plastic sheeting	<input type="checkbox"/>
Whistle	<input type="checkbox"/>
Work gloves	<input type="checkbox"/>
Paper, pens and pencils	<input type="checkbox"/>
Small canister, ABC-type fire extinguisher	<input type="checkbox"/>

Kitchen Items

Household liquid bleach to treat drinking water, or water purification tablets in a plastic bag	<input type="checkbox"/>
Disposable cups, plates and utensils	<input type="checkbox"/>
All-purpose knife	<input type="checkbox"/>
Manual can opener	<input type="checkbox"/>
Small cooking stove and a can of cooking fuel (if food must be cooked)	<input type="checkbox"/>
Aluminium foil and plastic wrap	<input type="checkbox"/>
Resealable plastic bags	<input type="checkbox"/>

Miscellaneous Items

Playing cards, games, books	<input type="checkbox"/>
Toys for kids	<input type="checkbox"/>
Have enough cash on hand for purchasing key essentials for at least 1 week	<input type="checkbox"/>

Food and Water for at Least 1 week

Water (1 gallon per person, per day)	<input type="checkbox"/>
Larger containers of water stored for other use such as cooking and bathing (1 week supply).	<input type="checkbox"/>
Secured water tanks (500 gallons) are useful	<input type="checkbox"/>
Ready-to-eat canned meats, fruits, vegetables and soups	<input type="checkbox"/>
Canned or boxed juices	<input type="checkbox"/>
High-energy foods (such as peanut butter, nuts jelly, low-sodium crackers, granola bars, dried fruit and trail mix)	<input type="checkbox"/>
Special foods for persons on special diets	<input type="checkbox"/>
Snacks and cereals	<input type="checkbox"/>
Powdered milk	<input type="checkbox"/>